



Guidance for Sedation Referrals

The patient should require treatment that meets the MOS criteria. We cannot perform simple extractions etc under sedation. We only provide minor oral surgery under sedation, do not refer patients for restorative dentistry etc

The General Dental Council guidance clearly states the responsibilities of the referring dentist which include:

The practitioner should ensure that the patient fits indications for conscious sedation:

1. **Severely** anxious or phobic patients
2. Patients who have medical conditions potentially aggravated by stress
3. To avoid General Anaesthesia. **It is important to ensure that each exposure to Conscious Sedation is justified.**

The practitioner should inform the patient exactly what is involved regarding sedation i.e. that cannulation will be required and that local anaesthetic will be needed, and should provide a clear explanation of the possible risks.

Specific contra-indications for IV Sedation are:

- Patients who would **not** be classified in the American Society of Anaesthesiologists Physical Status Classification I and II (i.e. who are not either 'a normal healthy individual' or 'an individual with systemic disease but no functional impairment')
- Patients with a diastolic blood pressure greater than 110
- Patients with a BMI of over 35
- Patients with hypersensitivity to benzodiazepines

Our seditionist will assess all factors and have the final say on who is accepted at the practice.